

PLASSEY COLLEGE



AFFILIATED TO THE UNIVERSITY OF KALYANI

One-Day State Level Webinar

TO OBSERVE

WORLD YOGA DAY

ORGANISED BY

DEPARTMENT OF PHYSICAL EDUCATION

IN COLLABORATION WITH IQAC,

PLASSEY COLLEGE,

MIRA BAZAR, PLASSEY, NADIA, WEST BENGAL



21ST JUNE 2021



2 PM – 4 PM



<https://meet.google.com/fdz-osyj-bda>

REGISTRATION

<https://forms.gle/aDtzi9Kk73Wsk36D9>



PATRON
DR BASANT KUMAR PRADHAN
PRINCIPAL, PLASSEY COLLEGE



CONVENOR, WEBINAR
SHRI MD NASIRUDDIN PANDIT
HOD, DEPT. OF PHYSICAL
EDUCATION, PLASSEY COLLEGE



CO-CONVENOR, WEBINAR
SHRI MD SHAMIM AKHTER
SACT, DEPARTMENT OF
PHYSICAL EDUCATION,
PLASSEY COLLEGE



IQAC COORDINATOR
DR ABU SIDDIK
ASSISTANT PROFESSOR,
DEPARTMENT OF ENGLISH,
PLASSEY COLLEGE



SECRETARY, WEBINAR
ORGANIZING COMMITTEE
DR ANIRBAN CHATTERJEE
HOD, DEPT. OF POLITICAL
SCIENCE, PLASSEY COLLEGE

OUR EMINENT SPEAKERS



Dr. Sridip Chatterjee
Assistant Professor,
Department of Physical
Education,
Jadavpur University &
Joint Coordinator,
Yoga Center,
Department of Physical
Education,
Jadavpur University

**Dr. Lakshmi Narayan
Kaibarta**
Assistant Professor in
Physical Education,
S.I.P.E.W,
Hastings House,
Alipore,
Kolkata



PROGRAMME SCHEDULE

2.00 PM - 2.05 PM:	Introductory speech by MD Nasiruddin Pandit, Webinar Convenor & HOD, Dept. of Physical Education, Plassey College
2.05 PM - 2.10 PM:	Welcome Address by the Patron, Dr Basant Kumar Pradhan, Principal, Plassey College
2.10 PM - 2.50 PM:	The Presentation of First Resource Person, Dr Sridip Chatterjee; Title of presentation: "Role of Yoga as a Mind-Body Medicine for the Management of COVID-19 Pandemic".
2.50 PM - 3.30 PM:	The Presentation of Second Resource Person, Dr. Lakshmi Narayan Kaibarta; Title of Presentation: "Relevance of Yogic Practices in Contemporary time".
3.30 PM - 3.40 PM:	Q & A Session to be Moderated by MD Shamim Akhter, Co-Convenor, Webinar & SACT, Dept. of Physical Education, Plassey College
3.40 PM- 3.45 PM:	Vote of Thanks by Dr Abu Siddik, IQAC Coordinator & Assistant Professor, Department of English, Plassey College

- ❖ **Registration Fees: Nil**
- ❖ **Registration Link:** <https://forms.gle/aDtzi9Kk73Wsk36D9>
- ❖ **Registration will be closed by 11:59 PM on 20th June, 2021.**
- ❖ **Webinar Platform: Google Meet. Link:** <https://meet.google.com/fdz-osyj-bda>
- ❖ **E-Certificates will be provided to all registered participants only after filling up the Feedback Form properly at the end of the Webinar.**

*****For queries or technical assistance, call 7278437768 or 8670970278*****